

# Minutes of PWR Committee Meeting 27<sup>th</sup> June 2022 Petts Wood Methodist Church

**Present**: Daniel Selman (DS), Nicola Moore (NM), Tim Springett (TS), Hannah Harrison (HH), Alex Robbins (AR), Liz Squires (LS), Kev Howarth (KH), (NJ), James Wall (JW), Julie Medhurst (JuM),

# 1. Apologies:

Natalie Jacques (NJ), Richard Dunstan (RD), Jason Mercer (JaM)

# 2. Minutes and actions last meeting

Action	Responsible	Update
Write to leaders who do not have a valid DBS to advise that they need to get this completed and the cost can be reclaimed from the club	RD	C/F
Send a note to rota leaders about using both exits to ease the congestion at Crossway	RD	Complete
Look at possible options for the mid- summer run	NM	Complete
Gauge interest in some parkrun tourism	AR	C/F Unofficial Dulwich train run followed by Bushy in Sept when coaches available
Process committee role nominations & circulate papers to membership for AGM	DS	Complete
Look in to options for the mid-summer social	NM	Complete
Marathon roll call drinks to be organised for October	tbc	Date agreed 4 <sup>th</sup> October
Members 10k to be organised for 18th September	tbc	c/f

# 3. Petts Wood 10k (JaM/NM)

Update from KH Approx. 165 people signed up so far

Banners designed – agreed to opt for recyclable option. 5 to be ordered

Aside -New flag and tent to be ordered for KFL - KH to speak to Gavin/BVAC

NM asked if medals had been ordered and **AR** mentioned how the mug from the Midsummer run was a welcome alternative. **JW** suggested a printed pint glass **JaM** to consider options.

Merchandise for volunteers – TBC Everyone to consider and come up with ideas.

**KH** advised that PWR10k was previously a Kent GP race but was dropped in 2017 as we have a waved staggered start – **JaM** has been made aware but not expected to change

**NM** raised the issue - Can we ask the council if we can close the carpark by One in the Wood from the night before (JaM)

Also Barriers on the entrance to the rec to be siphoned off with sturdier barriers to protect pedestrians and runners from the blind bends (JaM)

#### 4. Funding of LIRF Courses (DS RD)

It was discussed and agreed that we would continue to offer LiRF courses to anyone who wants to become an EA accredited leader.

In addition to that a package would be developed to include leaders enrolling on a self-organised DBS check, EA led Safeguarding course and an internal new leader/refresher leader course which would be tailored to our needs and organised by **RD** 

In a similar format to the last course this would be held on Saturday 13th August

Unanimously agreed by all that the LiRF course option, Safeguarding course and DBS check would be fully funded by the Club

#### 5. Club Records Criteria (KH)

**KH** raised that the Dulwich relay was advertised discussion for an affiliated 1 mile PWR record claim but has now come up on Power of Ten as 1.04mile and asked if we would still consider this a 1 mile record. Rules on website states:

... you must be a first claim member and have run your race on a certified course distance compliant with the EA rules. Please note the parkrun distances are uncertified. These records are for road running or undulating terrain events (NOT TRACK - with the exception of the 1 mile certified distance records).

It was agreed by all that we were happy with the current rules and as this was a certified course then it would be ok to be claimed as a 1 mile record especially as it was over 1 mile. Members to be encouraged to claim

The 5 mile race at Eltham was not a certified race so is not an option for the club record.

## 6. Christmas Party (LS)

**LS** asked for confirmation that the New Inn, Hayes has been booked for the Christmas party and **JW** and **NM** confirmed no but no deposit has been paid. **LS** asked to follow up with venue around booking and DJ as well as when a deposit is required and also check on the capacity limit.

KH to share details with LS for the DJ

**LS** asked what other entertainment we would like to include. Agreed that the ticket price should be kept as low as possible and to include food and preferably a Welcome drink which could be via a token. Any entertainment to be limited by space due to a smaller venue.

#### **7.** AOB

Marathon roll call night – KH and NJ to discuss how they are going to manage it as we have not had a roll call since April 2019.

LS to organise date with The Manor at Bickley for 4th October

Members 10k to be arranged for Sept 18th

**AR** agreed to help organise and to speak to Mike Reeves to see if he can help on the day and to advise how many marshalls are needed

**AR** to design a google form for members to get their details and what group they are running as well as dietary requirements to help catering planning

HH agreed to contact Laura's Larder to see if they could provide the catering

**RD** to organised Licence for the park

#### **Volunteers**

**AR** to post about events coming up so people can put in their diaries and also ask for volunteers (mob match, members 10k etc reminding them of the criteria for the Marathon place

**NM** to email London Marathon Events about the arrangements for this years water station

### **Actions Carried forward to next meeting**

Action	Responsible
Write to leaders who do not have a valid DBS to advise that they need to get	RD
this completed and the cost can be reclaimed from the club	
Gauge interest in some parkrun tourism	AR
Consider alternative to a PWR10k medal such as pint glass	JaM
Speak to council regarding closing carpark by One in Wood for safety	JaM
Leaders options: LiRF or Internal course DBS check and Safeguarding course	RD
Christmas party and DJ booking to be confirmed	LS
Marathon roll call to be arranged	KH and NJ
The Manor to be booked on 5 <sup>th</sup> October – Marathon roll call	LS
Members 10k – 18 <sup>th</sup> Sept Request help from Mike Reeves and design google form	AR
Members 10k – organise catering	HH and AR
Members 10k – organise licence for the rec	RD
Encourage volunteers – Post on Facebook volunteer opportunities and direct to	AR
marathon ballet place criteria	
London marathon water station – email London marathon events	NM

### **Calendar of future dates**

## **July 2022**

7<sup>th</sup> – Assembly League Race 3 at Victoria Park

10<sup>th</sup> – GP9 Sevenoaks 7miles

19<sup>th</sup> – PWR v ORR Mobmatch at Jubilee park (8pm) followed by The Manor

## August 2022 -

Any Saturday - GP10 Best parkrun time

4<sup>TH</sup> – Assembly League Race 4 at Beckenham Place Park

29<sup>th</sup> – Canterbury Half Marathon (Kent GP)

#### Sep 2022

TBA – Busy parkrun pilgrimage

4<sup>th</sup> – The Big Half

11th - GP11 (and Kent GP) Larkfield 10k

18<sup>th</sup> – PWR Members 10k

#### Oct 2022

2<sup>nd</sup> – London Marathon

4<sup>th</sup> – Roll call – The Manor at Bickley (venue tbc)

9<sup>th</sup> – Petts Wood 10k (and Kent GP)

30<sup>th</sup> – GP12 Ashford 5Mile race and Dublin Marathon

## Nov 2022

26<sup>th</sup> – PWR Winter Party

#### Jan 2023

27<sup>th</sup> – potential date for Quiz night

#### Feb 2023

Leaders drinks TBC