

Petts Wood Runners

Accident log June 2019 – June 2021

Date	Group	Report
04.06.19	6	Runner tripped on grassy pavement close to Tigers Head Chislehurst. Two members of the group accompanied the runner home and the group run continued. Runner suffered swollen ankle.
27.08.19	5	Runner tripped over in a slight dip in a paved driveway on Mayfield Avenue. Suffered dislocated shoulder. Entire group waited whilst runner phoned home for assistance. Once it was on its way, one group member waited with runner and remainder of group continued. Runner was taken to A&E.
10.09.19	4	Runner suffered ear infection and was unable to continue. Two group members accompanied runner back to Willet Rec.
17.09.19	10	Runner tripped and fell on road, commencing a downward slope. Suffered cuts to hands. Able to continue.
22.10.19	4	Runner tripped on hole in grass verge along Chislehurst Road. Was unable to continue. Was accompanied home by another runner from the group.
29.10.19	11	Runner tripped on uneven paving on Bishop's Avenue, Bromley. Was able to continue.
03.12.19	8	Runner pulled muscle just after run began and returned to Willet Rec.
19.12.19	Track	Runner fell during track session and suffered injury to ankle.
28.01.20	5	Runner tripped on Hazelmere Road, suffered cuts to hands and a grazed knee. Was accompanied back to Willet Rec.
04.02.20	11	Runner tripped on Magpie Hall Road. Knee was bleeding but runner was able to continue after a short delay. Another member of the group remained with the runner.
29.09.20	11b	Reported by a driver on Birchwood Road that runners were running in the road, in contravention of the club's health and safety code.
15.06.21	6a	Runner fell in woods and suffered grazes. Able to continue.
15.06.21	7b	Runner tripped on uneven path in Jubilee Park, suffered graze to thigh. Able to continue.

Tim Springett  
Health and Safety Officer