

Minutes of PWR Committee Meeting 13th April 2022 Virtual Meeting

Present: Daniel Selman (DS), Nicola Moore (NM), Tim Springett (TS), Hannah Harrison (HH), Richard Dunstan (RD), Alex Robbins (AR), Kev Howarth (KH), Natalie Jacques (NJ), Sarah Davis (SD), Jason Mercer (JaM)

Apologies: Julie Medhurst (JM), Lianne Flynn (LF)

1. Jason Mercer – PWR10k update

- i. Received and absorbed various info received from AA including the famous Race Bible.
- ii. Route confirmed as last year's Tim and JaM will walk the course a few weeks before the event.
- iii. Risk Assessment, Safety Plan & Medical Plan updated, approved by TS and NM. Only real change is removal of Covid-19 guidelines. England Athletics advise no Covid-19 measures are now needed.
- iv. Quote requested submitted to SD. Need this in place before submitting the licence request to the council landowner.
- v. Quote received from RaceResult, formerly known as Chip Timing. Cheaper than last year
- vi. Stakeholders contacted Jubilee Park, Chislehurst Common, Pavilion Pre-School, National Trust, Friends of Willet Rec. Rec'd ack from all. Info needs to be sent to NT.
- vii. Most key internal people have been contacted and are on board. Need to appoint Medical Liaison if you have anyone in mind, please pass details to JaM
- viii. Police have been notified online ref: EOP-1170-22-0100-3168
- ix. Need to decide on charities (agreed in meeting: St Christopher's and Demelza)
- x. Race registration mostly completed on Run Britain, subject to some key points.
- xi. NM is contacting Munchkin Sports last year's kids games went down well so we will repeat this.
- xii. RD to organise a Race Adjudicator
- xiii. PWR Places. Raffle for 8 places in the PWR 10k to take place at AGM. JaM liaising with EC as funds from the raffle will be donated to Demelza.
- xiv. Sound system RD will provide
- xv. Run Britain Questions: agreed to sell 950 places, entry fee to stay at 2021 price

2. Minutes and actions from last time

Action	Responsible	Update
DBS Check and document process for new	DS	Ongoing
leaders guidance		
Event Calendar	JM	Calendar of events at end of minutes to be updated regularly and can be shared with club via weekly email.
Reinforce Tuesday Night booking process – FB	NM supported	completed
post & club email	by ALL	
PWR10k Team/RD email and post to be drafted	DS	Ongoing
Investigate scout hut on Tent Peg lane	NM	Ongoing
March curry night and Brighton Marathon	LF	completed
Coach outing for parkrun	AR	Ongoing
Remind H&S process for reporting accidents –	TS	completed
Facebook post and Email		
Beckenham Relays Teams to be organised	NJ and KH	completed

- 3. DBS checks for leaders DS confirmed that it is possible to get our leaders DBS checked without having to attend the LiRF course. It was agreed that as we have U18 members and potentially vulnerable adults, we should request that all leaders be DBS checked. The cost of this process will be reimbursed by the club. AR to provide a list of leaders who DO NOT have a DBS and RD to write to them to advise that they need to get this completed by end June 2022.
- **4.** Tuesday Night Booking Sheet agreed we will carry on with this but send a note out to explain that this is the same link every week and it will be put live on a Sunday night completed
- 5. Health and Safety runners observed sprinting in the road down Crossway and the entrance to the park appearing very congested. RD to send a note to rota leaders about using both exits to ease the congestion at Crossway
- 6. Midsummer Run NM to look in to options. Date agreed Tue 21st June
- 7. AR to look at coach trip to parkrun for some tourism
- 8. Beckenham Relays KH/NJ organising, Google form sent out and responses received
- 9. AGM Tue 24th May combined with KFL celebration drinks. DS has sent an email to the membership to say that all roles are up for grabs, with particular emphasis on Treasurer and Social Secretary, H&S. In the event of more than one nomination, there will be a Google form to check club membership. SD to provide accounts data to DS by 14th May. Nominations to be received by Fri 6th May
- **10. Members 10k** historically took place at the end May, but will now be moved to 18th Sep. Need permission from Id Verde. Helpers needed
- 11. Water Station DS to send email out to members gauging interest and to see if anyone will take it on completed. Update: interest to volunteer on the water station and also to run it have been received.
- 12. AOB Marathon roll call to be scheduled after London in October
- **13.** Captains' reports for AGM Nat and Kev to be prepared.
- **14.** Tent Peg Lane scout hut received a response to our email asking if we could use the facilities. This is being put to the scout group committee. NM to advise on progress

Actions Carried forward to next meeting

Action	Responsible
Provide a list of leaders who do not have a valid DBS	AR
Write to the above to advise that they need to get this completed by end June 2022	RD
Send a note to rota leaders about using both exits to ease the congestion at	RD
Crossway	
Look at possible options for the mid-summer run	NM
Gauge interest in some parkrun tourism	AR
Process committee role nominations & circulate papers to membership for AGM	DS
Look in to options for the mid-summer social	NM
Marathon roll call drinks to be organised for October	tbc
Members 10k to be organised for 18 th September	tbc

Calendar of future dates

April 2022

20th – Uskudar meal

24th – Southampton Marathon

May 2022

8th – GP6 and Kent GP Darent Valley 10k and Chatham 10k Beginners Graduation and Bromley parkrun takeover 18th – Beckenham Relays 24th – AGM & KFL celebration drinks 29th GP7 Folkestone Coastal 10k

June 2022

5th – GP7 & Kent GP High Elms 10k 21st – TBC PWR Midsummer run 22nd GP8 Bromley Midsummer 10k

July 2022

10th – GP9 Sevenoaks 7miles

August 2022 -

GP10 Best parkrun time 29th – Canterbury Half Marathon (Kent GP)

Sep 2022

4th – The Big Half 18th Members 10k *new* 11th – GP11 (and Kent GP) Larkfield 10k

Oct 2022

2nd – London Marathon 9th – Petts Wood 10k (and Kent GP) Marathon roll call drinks – date tbc *new* 30th – GP12 Ashford 5Mile race and Dublin Marathon

Next Meeting: AGM Tuesday 24th May, The Manor at Bickley